



LAC Extended Absence Policy

Swimming with LAC is a year-round commitment. Members must understand that membership in LAC is highly desired and there are wait lists for every level. LAC understands that swimmers may have injuries or illness that require a break from swimming, and that families also choose to travel for extended periods of time. Members must also understand that it is not good business to “hold spots” for absent swimmers with no revenue. LAC’s rules surrounding absences in excess of 3 weeks are the following:

- Swimmers who are sick or injured can temporarily suspend their membership if advised by a physician and can provide a copy of a physician’s note stating the injury and the recommended time off from training. Upon return, it will be at the coach’s discretion whether the swimmer returns to their previous training group or will be moved to another group for the swimmer’s safety and health; provided there is room for the swimmer in the appropriate training group..
- Members who choose to be absent from their training group for personal reasons (travel, etc) in excess of 3 weeks and still pay dues must understand that the swimmer may fall behind their peers and may be placed in a more appropriate training group upon their return based on coach evaluation, provided there is room for the swimmer in the appropriate training group.
- No spots in training groups will be held if full dues are not paid (exception: injury or illness in excess of 3 weeks with a doctor’s note).
- If a swimmer chooses to leave the Club for an extended absence and not pay dues, they are subject to all rules in the LAC Returning Members Policy and may be placed on a waitlist if the appropriate training group is full.
- Swimmers that have been assigned to another training group due to extended absence may be held in that group for any length of time based on moveup schedules, training group population and coach discretion.